



# **Formal Onboarding of Doctoral Candidates – Lessons Learned from Non-Academic Partners**

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# Imagine yourself being a new employee in a company ...

- You wouldn't know:
  - Any procedures... (*Adaptation*)
  - Any colleagues... (*Feeling of belonging into the team*)
  - How to handle your tasks... (*Increased productivity*)
- You would feel:
  - Lost... (*Well-being*)
  - Anxious... (*Mental health*)
  - Without any guidance... (*Supervision*)

# What is onboarding?

- A process of **integrating** new employees into the organisation  
(enhancing professional, social, cultural and organisational integration)
- Onboarding procedures:
  - **common in the private sector**
  - **often absent in academic institutions**



# PRIDE Network

ASSOCIATION FOR  
PROFESSIONALS IN  
DOCTORAL EDUCATION



# Our working group

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## GROUP A

- Focusing on doctoral candidate's onboarding in academia

## GROUP B

- Focusing on onboarding outside of academia → private sector

# What is our aim?



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## In our group

- **A handbook**
- **Piloting** onboarding at some universities  
(UCT Prague as a pioneer)

# Research in many work environments



HARVARD  
LAW SCHOOL

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## Onboarding New Employees

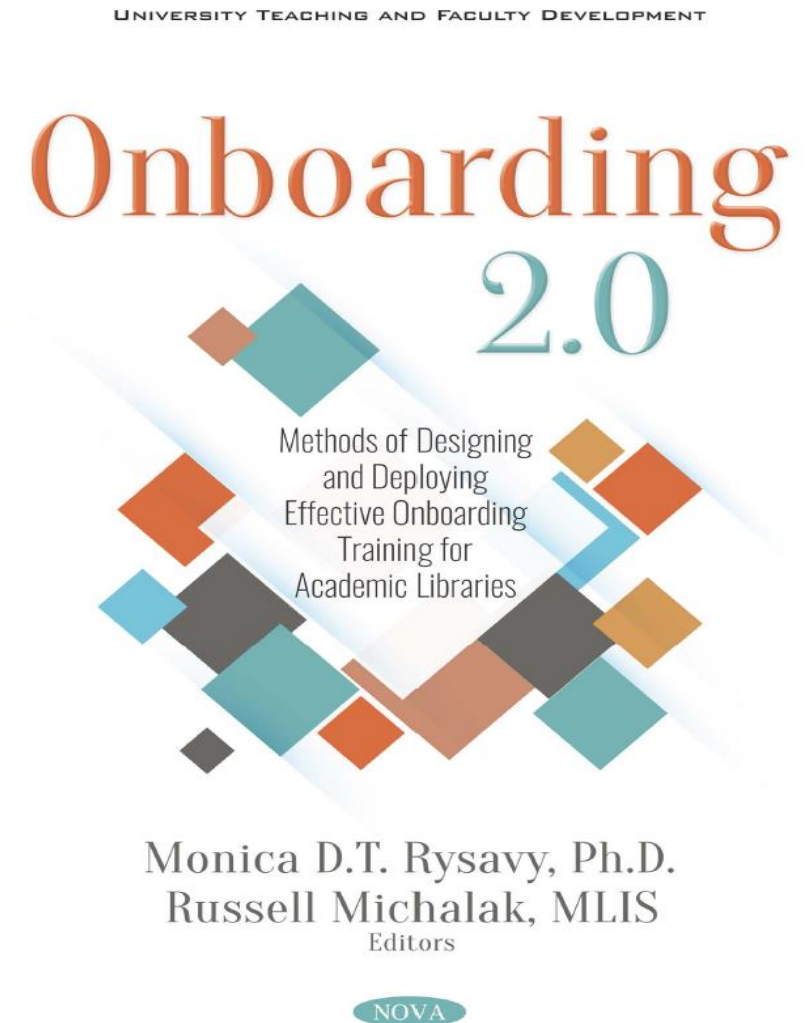
Human Resources  
010 Hauser Hall  
1575 Massachusetts Ave.  
Cambridge, MA 02138  
617-495-4611  
[hshr@law.harvard.edu](mailto:hshr@law.harvard.edu)

Onboarding at Universities for new library employees, faculty members, staff

- a) Harvard Onboarding Law School Managers
- b) Harvard Onboarding Staff Faculty of Arts & Sciences

# Onboarding in university libraries

- State of the art on onboarding in general (not only on academic libraries)
- Analysis of all the papers and studies
- Comparison of different industries





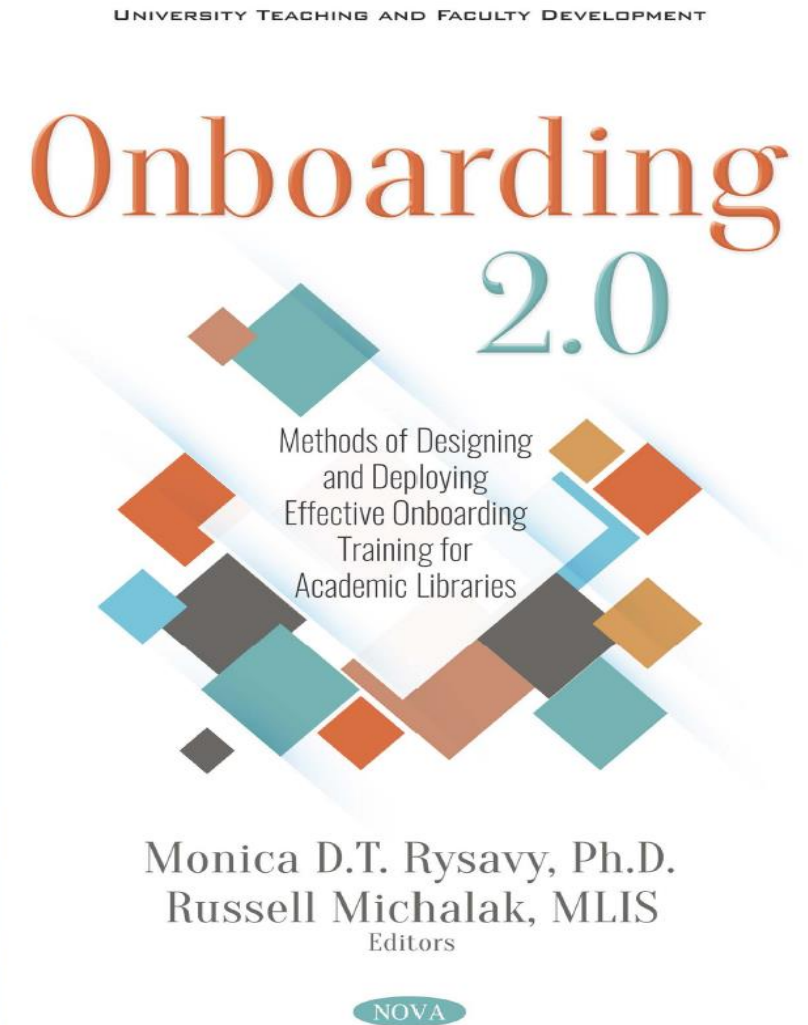
# Onboarding in university libraries

## Types of onboarding:

- Extreme Onboarding
- Holistic Onboarding

## Summary

- At some universities: onboarding for new employees, but not for PhD candidates
- Comparable to the private sector



# Lessons learnt from private sector

Industry Example of  
Onboarding  
(IT private sector company)

**Job Description to set out Expectations** e.g. personal attributes, required knowledge/qualifications, language, where employee will be in e.g. 6 months

**Adaptation Plan** using Company template that is completed at 4 meetings between employee and line manager i.e. upon arrival and after 1, 2 and 3 months. Then a meeting once in a year.

If either are not meeting expectations both can explore **training opportunities**

**Agreement to continue contract: Yes/No**

# Adaptation plan of a company

- Values of the company and what to follow
- Detailed plan for the first day (keys, codes, systems etc.)
- The main objectives (probation period: monthly meeting with a boss to exchange opinions; suggestions for improvement from each side)
- Assessment of probation period (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> month)
- “The Interview” (3<sup>rd</sup> month)
- Agreement to continue contract (yes/no)

## Interview

**Goal:** Evaluation of the new employee's adaptation process after 3 months

**1. How would you rate the progress of your adaptation program?**

unsatisfactory    below average    average    above average    excellent

**2. The level of cooperation with colleagues in my department is?**

unsatisfactory    below average    average    above average    excellent

**3. Teamwork with other department is?**

unsatisfactory    below average    average    above average    excellent

**4. The utilization of my professional knowledge and skills in the company is applied in a way that is?**

unsatisfactory    below average    average    above average    excellent

**5. Information about the main tasks, current situation, and results of the company are?**

unsatisfactory    below average    average    above average    excellent

**6. The atmosphere and current work environment are?**

unsatisfactory    below average    average    above average    excellent

**7. The supervisor provides feedback on my performance so far in a way that is :**

unsatisfactory    below average    average    above average    excellent

**8. Communication, information, sharing and feedback with the assigned guarantor is?**

unsatisfactory    below average    average    above average    excellent

Specify specific reasons for your (dis)satisfaction:

Suggestions for improving the adaptation program:

Training activities requested by the supervisor with the date of implementation:

I agree to continue the permanent employment of the employee after the trial period:

**YES**

**NO**

Date:

.....  
Signature of direct supervisor

.....  
Signature of guarantor

.....  
Signature of employee

The meeting will cover the essential tasks within the role, how the employee is meeting expectations and equally how the role is meeting employee expectations.

# Next steps at UCT Prague



- ✓ Interviews with PhD candidates
- ✓ Survey
- ✓ Piloting



# Feedback on Industry induction



Too much information to process when induction is limited to 1 day



Ongoing systems training needs to be (supported by manuals, videos etc)

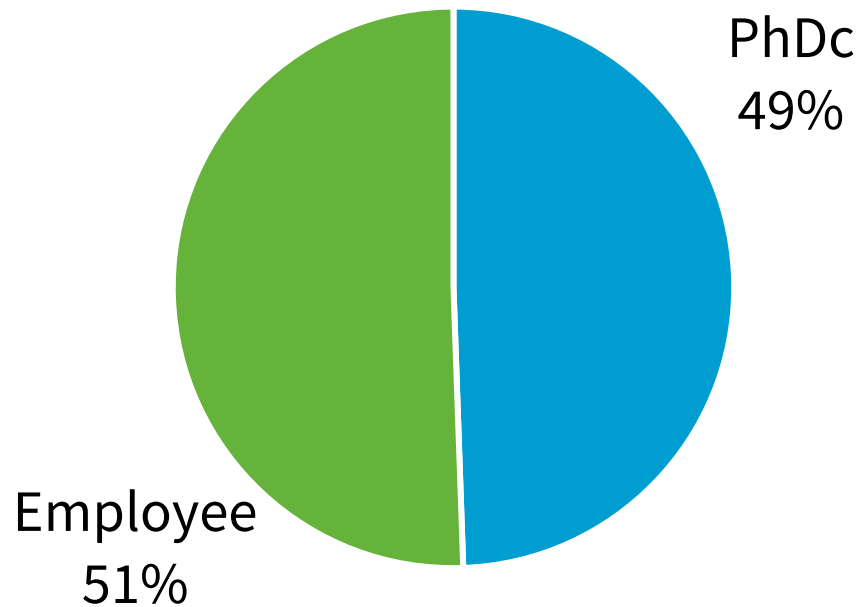


Language support for foreign PhDs – ideally before starting

15 PhD candidates with private sector experience were interviewed

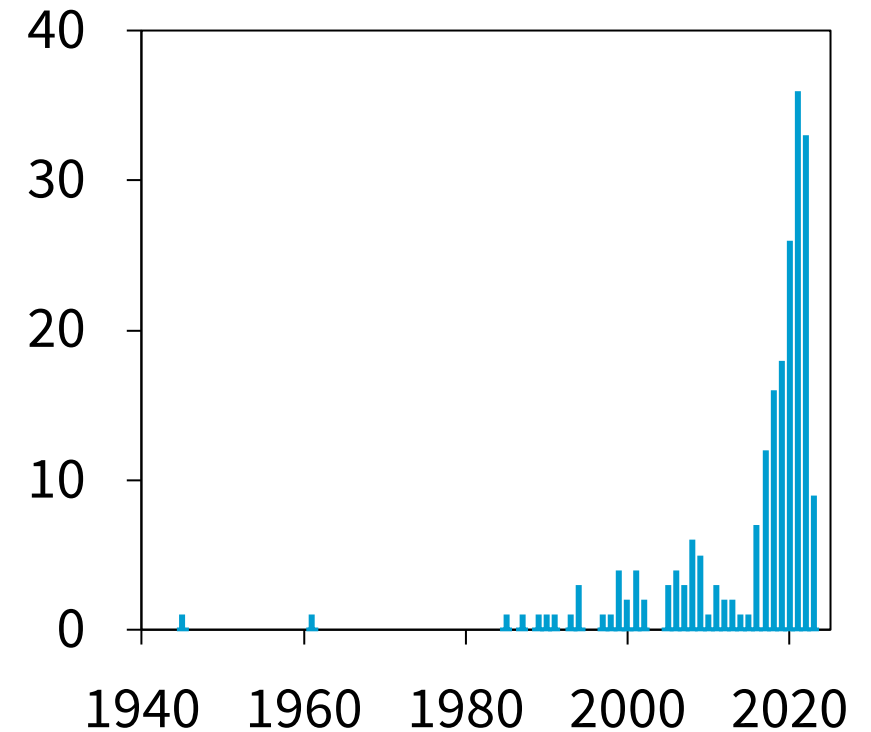
# Results from the survey at UCT Prague

What is your current position at UCT?



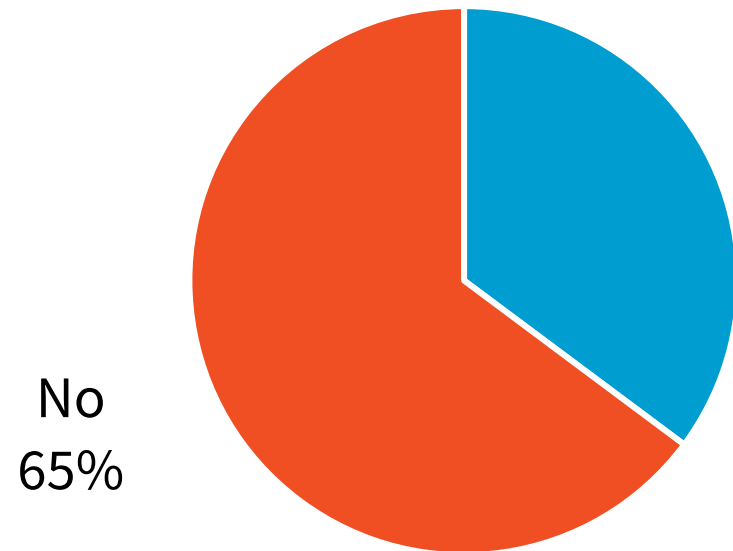
**268 responses, May 2023**  
Median: 2018  
Interquartile range: 1997–2021

Year of start at UCT

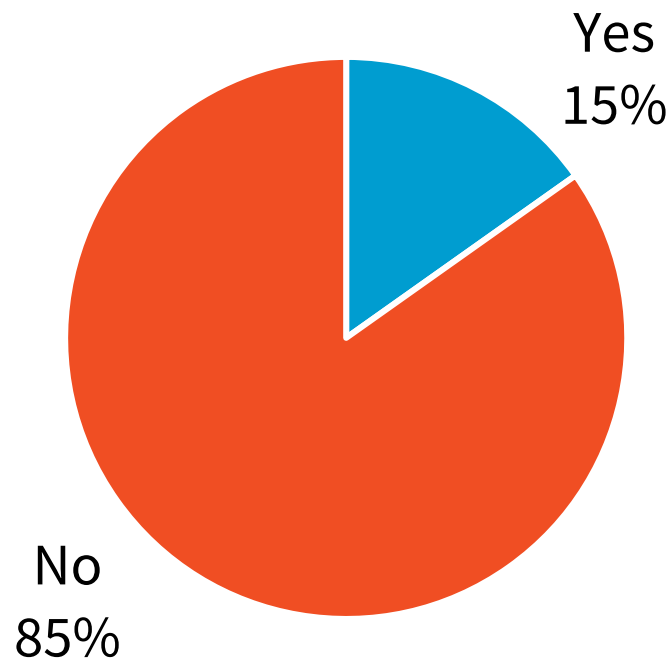


# Results from the survey at UCT Prague

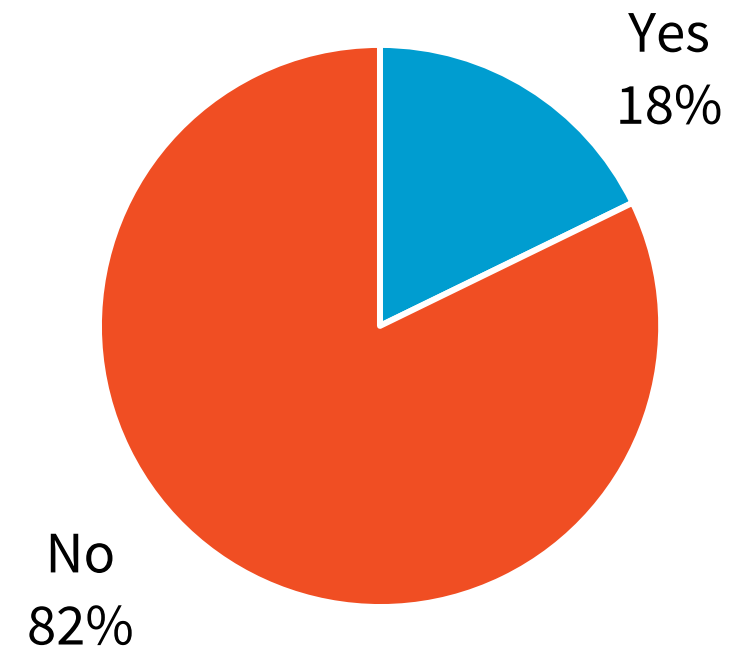
Did you know what onboarding means?



Experience with OB from private sector

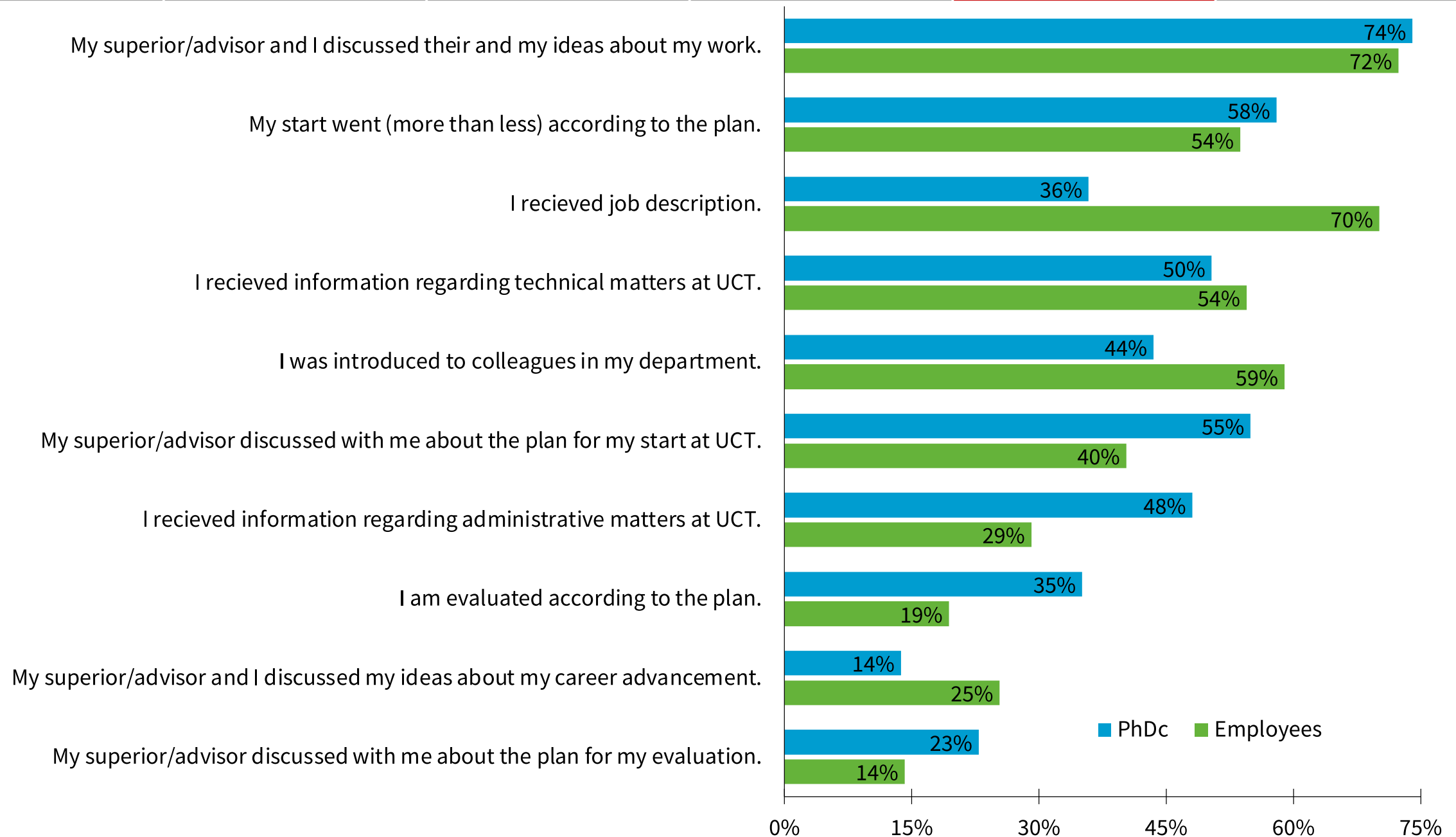


Experience with OB from academia



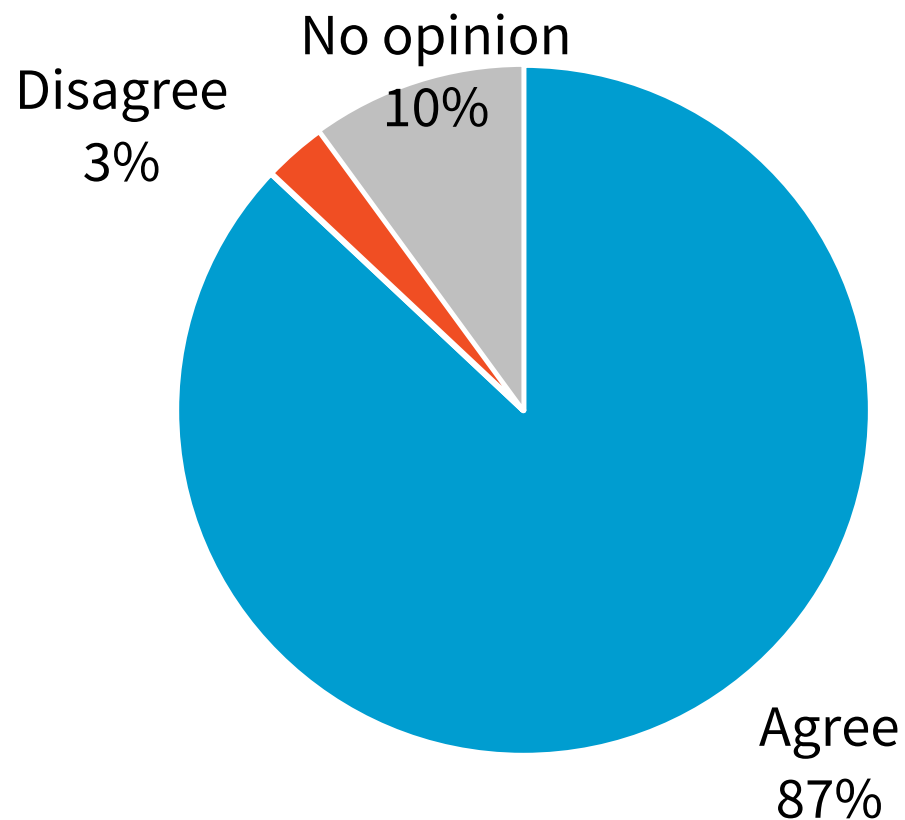
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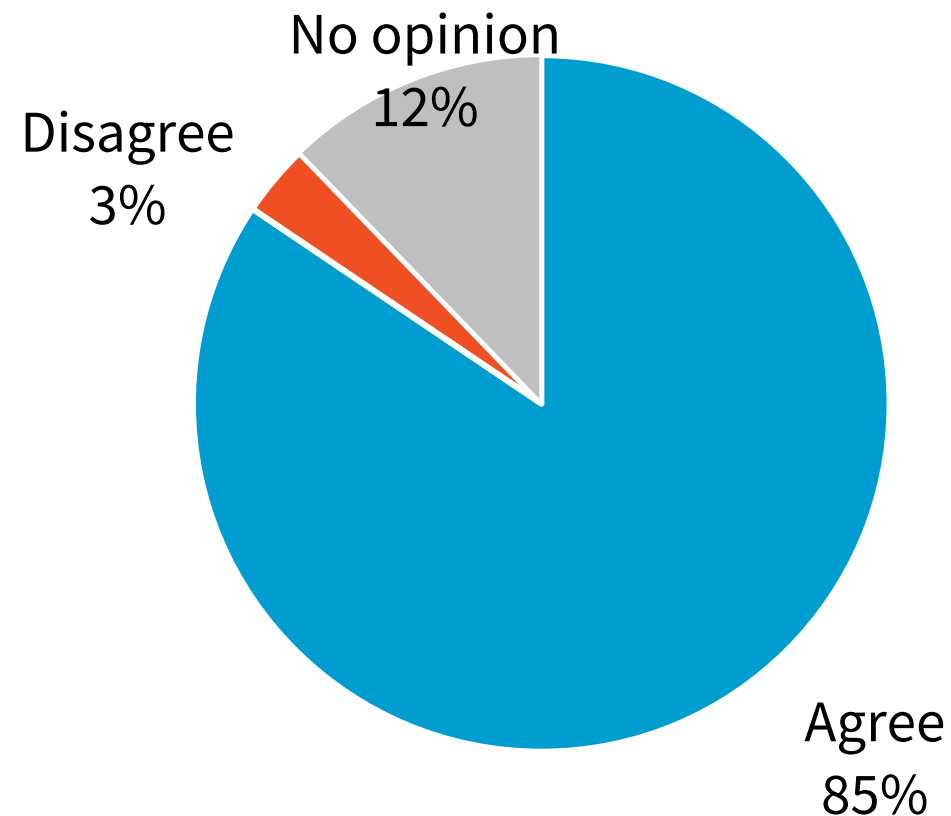


# Results from the survey at UCT Prague

Onboarding would be beneficial for PhDc



Onboarding would be beneficial for employees



# Recommendations from the survey

Which information would you had welcomed when starting at UCT?

Information about  
administration

Information about  
finances

Information about  
my department

Study  
duties

Information about the  
structure of the university  
(other departments)

Going  
abroad

Evaluation

Publishing

Grants

Further  
education

Career  
growth

Manuals

# Recommendations from the survey

- 142 written comments
  - *“It is definitely important **to familiarize students with all their obligations** as well as rights/benefits, and especially with the grading system and how the amount of scholarship changes with fulfilled obligations.”*
  - *“Information about the course on scientific writing and **publishing preparation**.”*
  - *“**Introduction to other employees of the department**, rules regarding my evaluation and career options within UCT, list of employee benefits and how to sign up for them (what paperwork needs to be done, whom to bring it).”*
  - *“More detailed information about the **amount of scholarships, opportunities for additional earnings, job responsibilities, and what is expected from a doctoral student**. Not everything that is required of a doctoral student according to the study regulations is actually sufficient for completion - additional unwritten requirements are placed upon them.”*

# Piloting at UCT Prague



This autumn at 2 departments

- ✓ **Survival guide** for PhD candidates
- ✓ **Webinar** “Freshman at PhD“
- **Adaptation plan strategy + Onboarding with supervisors**
  - An introductory first day
  - Assessments after 1<sup>st</sup>, 3<sup>rd</sup> and 6<sup>th</sup> month
  - Assessment after a year (wrap up)

# Recommendations

- Make onboarding a part of the Czech university system
- Focus on mental health and feeling of belonging of a PhD candidate
- Clarify the expectations of the PhD candidate and the Principal Supervisor
- Create and implement an agreed adaptation plan strategy
- Use milestones, such as 1 day, 30, 90, 180 days and a year to check the PhD's adaptation success
- Suggest improvements and to implement them

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